



September 2023

Snack/Lunch Menu

All meals are served with milk and/or water, juice
We are a peanut free school



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																		
<table border="1" style="margin: auto;"> <thead> <tr> <th colspan="7">Aug 2023</th> <th colspan="7">Oct 2023</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td></td> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td> </tr> <tr> <td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td> <td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td> </tr> <tr> <td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td> <td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td> </tr> <tr> <td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td> <td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td> </tr> <tr> <td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td> <td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>					Aug 2023							Oct 2023							S	M	T	W	T	F	S	S	M	T	W	T	F	S		1	2	3	4	5		1	2	3	4	5	6	7	6	7	8	9	10	11	12	8	9	10	11	12	13	14	13	14	15	16	17	18	19	15	16	17	18	19	20	21	20	21	22	23	24	25	26	22	23	24	25	26	27	28	27	28	29	30	31			29	30	31					1 AM: Waffles LUNCH: Turkey bologna and cheese sandwich, carrots, pineapple tidbits PM: Vanilla wafers	2
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3	4 School closed	5 AM: Cinnamon raisin toast LUNCH: Creamy macaroni and cheese, mixed vegetables, diced peaches PM: Graham crackers	6 AM: Biscuits LUNCH: Italian meatballs, Broccoli, pears PM: Ritz Crackers	7 AM: Cheerios LUNCH: Fish cake, Vegetable medley, mixed fruit PM: Club crackers	8 AM: Pancakes LUNCH: Lasagna, cauliflower, applesauce PM: Pineapple tidbits	9																																																																																																		
10	11 AM: Vanilla parfait w/oats LUNCH: Chicken pattie sandwich w/ketchup, Green peas, pineapple tidbits PM: Strawberry parfait w/fresh strawberries	12 AM: French toast LUNCH: Creamy macaroni and cheese, Green beans, diced peaches PM: Goldfish	13 AM: Waffles LUNCH: Dinosaur chicken nuggets, carrots, pineapple tidbits PM: tropical fruit cocktail	14 AM: Bagels LUNCH: Spaghetti w/turkey meat balls, sweet corn, pears PM: Vanilla wafers	15 AM: Cinnamon raisin toast LUNCH: mexican salad(chicken, corn, beans, fresh tomatoes) mixed fruit PM: Cut up peaches	16																																																																																																		
17	18 AM: Biscuits LUNCH: Chicken salad sandwich, mixed vegetables, applesauce PM: Graham crackers	19 AM: Cheerios LUNCH: Gravy meatballs w/rice, broccoli, pineapple tidbits PM: Ritz crackers	20 AM: Pancakes LUNCH: Tacos, vegetable medley, diced peaches PM: Pineapple tidbits	21 AM: Vanilla parfait w/oats LUNCH: Chicken nuggets, cauliflower, tropical fruit cocktail PM: Goldfish	22 AM: French toast LUNCH: Turkey mac, Green peas, diced pears PM: Strawberry parfait w/fresh strawberries	23																																																																																																		
24	25 AM: Waffles LUNCH: Fish sticks, vegetable medley Green beans, mixed fruit PM: Vanilla wafers	26 AM: Pancakes w/o jelly LUNCH: Beefaroni in red meat sauce, carrots, diced pears PM: Cut up peaches	27 AM: Bagels LUNCH: Vegetable egg rolls, corn, applesauce PM: Graham crackers	28 AM: Cinnamon raisin bread LUNCH: Chicken nuggets, mixed vegetables, pineapple tidbits PM: Ritz crackers	29 AM: Biscuits LUNCH: Turkey and cheese wrap, broccoli, diced peaches PM: Pineapple tidbits	30																																																																																																		