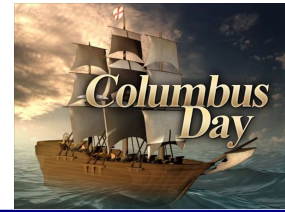




# October 2021 Snack/Lunch Menu

All meals are served with milk and/or water, juice  
We are a peanut free school



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
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	AM: Biscuits LUNCH: Chicken pattie sandwich w/ketchup, mixed vegetables, applesauce PM: Pineapple tidbits	AM: Cheerios LUNCH: Creamy macaroni and cheese, broccoli, peaches PM: Ritz crackers	AM: Pancakes w/o jelly LUNCH: Dinosaur chicken nuggets, vegetable medley (broccoli, cauliflower, carrots), pineapple tidbits PM: Strawberry parfait w/fresh strawberries	AM: Vanilla parfait w/oats LUNCH: Spaghetti w/turkey meat balls, cauliflower, pineapple tidbits PM: Goldfish	AM: French toast LUNCH: Lasagna, sweet corn, applesauce PM: Mixed fruit																																																																																					
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	COLUMBUS DAY SCHOOL CLOSED	AM: Waffles w/o butter or syrup LUNCH: Gravy meatballs w/rice, carrots, pineapple tidbits PM: Cut-up peaches	AM: Bagels w/ choice of butter or jelly LUNCH: Tacos, sweet corn, diced pears PM: Graham Crackers	AM: Cinnamon raisin bread LUNCH: Chicken nuggets, mixed vegetables, pineapple tidbits PM: Ritz crackers	AM: Biscuits LUNCH: Turkey mac, cut-up broccoli, applesauce PM: Pineapple tidbits																																																																																					
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	AM: Cheerios LUNCH: Fish sticks, vegetable medley (broccoli, cauliflower, carrots), applesauce PM: Club Crackers & cheese	AM: Pancakes w/o jelly LUNCH: Beefaroni in red meat sauce, cauliflower, applesauce PM: Strawberry parfait with fresh strawberries	AM: Vanilla parfait w/oats LUNCH: Vegetable egg rolls, green peas, applesauce PM: Goldfish	AM: French toast LUNCH: Dinosaur chicken nuggets, green beans, pineapple tidbits PM: Mixed fruit	AM: Waffles LUNCH: mexican salad(chicken, corn, beans, fresh tomatoes) applesauce PM: Vanilla wafers																																																																																					
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	AM: Bagels w/o jelly LUNCH: Beef stroganoff, carrots, applesauce PM: Cut-up peaches	AM: Cinnamon raisin toast LUNCH: Chicken w/rice soup, sweet corn, diced peaches PM: Graham crackers	AM: Biscuits LUNCH: Slopy joe sandwich, mixed vegetables, pears PM: Pineapple tidbits	AM: Cheerios LUNCH: Dinosaur chicken nuggets, broccoli, pineapple tidbits PM: Ritz crackers	AM: Pancakes w/o jelly LUNCH: Turkey bologna and cheese sandwich, vegetable medley (broccoli, cauliflower, carrots), applesauce PM: Strawberry parfait w/fresh strawberries																																																																																					
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