



# November 2022

## Snack/Lunch Menu

All meals are served with milk and/or water, juice  
We are a peanut free school



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																									
		<p><b>1</b></p> <p>AM: Waffles w/o butter or syrup LUNCH: Gravy meatballs w/rice, carrots, pineapple tidbits PM: Cut-up peaches</p>	<p><b>2</b></p> <p>AM: Bagels w/ choice of butter or jelly LUNCH: Tacos, sweet corn, diced pears PM: Graham Crackers</p>	<p><b>3</b></p> <p>AM: Cinnamon raisin bread LUNCH: Chicken nuggets, mixed vegetables, pineapple tidbits PM: Ritz crackers</p>	<p><b>4</b></p> <p>AM: Waffles LUNCH: mexican salad(chicken, corn, beans, fresh tomatoes) applesauce PM: Vanilla wafers</p>																																																																																																										
<p><b>6</b></p>	<p><b>7</b></p> <p>AM: Cheerios LUNCH: Fish sticks, vegetable medley (broccoli, cauliflower, cattots), applesauce PM: Club Crackers &amp; cheese</p>	<p><b>8</b></p> <p>AM: Pancakes w/o jelly LUNCH: Beefaroni in red meat sauce, cauliflower, applesauce PM: Strawberry parfait with fresh strawberries</p>	<p><b>9</b></p> <p>AM: Vanilla parfait w/oats LUNCH: Vegetable egg rolls, green peas, applesauce PM: Goldfish</p>	<p><b>10</b></p> <p>AM: French toast. LUNCH: Dinosaur chicken nuggets, green beans, pineapple tidbits. PM: Mixed fruit</p>	<p><b>11</b></p> <p><b>SCHOOL CLOSED</b></p>	<p><b>12</b></p>																																																																																																									
<p><b>13</b></p>	<p><b>14</b></p> <p>AM: Bagels w/o jelly LUNCH: Beef stroganoff, carrots, applesauce PM: Cut-up peaches</p>	<p><b>15</b></p> <p>AM: Cinnamon raisin toast LUNCH: Chicken w/rice soup, sweet corn, diced peaches PM: Graham crackers</p>	<p><b>16</b></p> <p>AM: Biscuits LUNCH: Slopy joe sandwich, mixed vegetables, pears PM: Pineapple tidbits</p>	<p><b>17</b></p> <p>AM: Cheerios LUNCH: Dinosaur chicken nuggets, broccoli, pineapple tidbits PM: Ritz crackers</p>	<p><b>18</b></p> <p>AM: Pancakes w/o jelly LUNCH: Turkey bologna and cheese sandwich, vegetable medley (broccoli, cauliflower, carrots), applesauce PM: Strawberry parfait w/fresh strawberries</p>	<p><b>19</b></p>																																																																																																									
<p><b>20</b></p>	<p><b>21</b></p> <p>AM: Vanilla Parfait w/oats LUNCH: chicken alfredo, cauliflower, applesauce PM: Goldfish</p>	<p><b>22</b></p> <p>AM: French toast LUNCH: Creamy macaroni and cheese, green peas, peaches PM: Mixed fruit</p>	<p><b>23</b></p> <p>AM: Waffles LUNCH: Italian meatballs, green beans, PM: Vanilla wafers</p>	<p><b>24</b></p> <p><b>SCHOOL CLOSED</b></p>	<p><b>25</b></p> <p><b>SCHOOL CLOSED</b></p>	<p><b>26</b></p>																																																																																																									
<p><b>27</b></p>	<p><b>28</b></p> <p>AM: Biscuits LUNCH: Chicken pattie sandwich w/ketchup, mixed vegetables, applesauce PM: Pineapple tidbits</p>	<p><b>29</b></p> <p>AM: Cheerios LUNCH: Creamy macaroni and cheese, broccoli, peaches PM: Ritz crackers</p>	<p><b>30</b></p> <p>AM: Pancakes w/o jelly LUNCH: Dinosaur chicken nuggets, vegetable medley (broccoli, cauliflower carrots), pineapple tidbits PM: Strawberry parfait w/fresh strawberries</p>	<table border="1"> <thead> <tr> <th colspan="7">Oct 2022</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1</td> </tr> <tr> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> </tr> <tr> <td>9</td> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> </tr> <tr> <td>16</td> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> </tr> <tr> <td>23</td> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> </tr> <tr> <td>30</td> <td>31</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> <table border="1"> <thead> <tr> <th colspan="7">Dec 2022</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1 2 3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> </tbody> </table>			Oct 2022							S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						Dec 2022							S	M	T	W	T	F	S							1 2 3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Oct 2022																																																																																																															
S	M	T	W	T	F	S																																																																																																									
						1																																																																																																									
2	3	4	5	6	7	8																																																																																																									
9	10	11	12	13	14	15																																																																																																									
16	17	18	19	20	21	22																																																																																																									
23	24	25	26	27	28	29																																																																																																									
30	31																																																																																																														
Dec 2022																																																																																																															
S	M	T	W	T	F	S																																																																																																									
						1 2 3																																																																																																									
4	5	6	7	8	9	10																																																																																																									
11	12	13	14	15	16	17																																																																																																									
18	19	20	21	22	23	24																																																																																																									
25	26	27	28	29	30	31																																																																																																									