

## March 2022 Snack/Lunch Menu

Move Your Clocks Alheadl

All meals are served with milk and/or water, juice We are a peanut free school

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
S M T V  1 2 6 7 8 9 13 14 15 1 20 21 22 2 27 28	V T F S 2 3 4 5 0 10 11 12 6 17 18 19	AM: Waffles w/o butter or syrup LUNCH: Gravy meatballs w/rice, carrots, pineapple tidbits PM: Cut-up peaches	AM: Waffles w/o butter or syrup LUNCH: Gravy meatballs w/rice, carrots, pineapple tidbits PM: Cut-up peaches	AM: Cinnamon raisin bread LUNCH:Chicken nuggets, mixed vegetables, pineapple tidbits PM: Ritz crackers	AM: Biscuits LUNCH: Turkey mac, cut-up broccoli, applesauce PM: Pineapple tidbits	5
6	AM: Cheerios LUNCH: Fish sticks, vegetable medley (broccoli, cauliflower, cattots), applesauce PM: Club Crackers & cheese	AM: Pancakes w/o jelly LUNCH: Beefaroni in red meat sauce, cauliflower, applesauce PM: Strawberry parfait with fresh strawberries	9  AM: Vanilla parfait w/oats LUNCH: Vegetable egg rolls, green peas, applesauce PM: Goldfish	AM: French toast. LUNCH: Dinosaur chicken nuggets, green beans, pineapple tidbits. PM: Mixed fruit	AM: Waffles LUNCH: mexican salad(chicken, com, beans, fresh tomatoes) applesauce PM: Vanilla wafers	12
13	AM: Bagels w/o jelly LUNCH: Beef stroganoff, carrots, applesauce PM: Cut-up peaches	AM: Cinnamon raisin toast LUNCH: Chicken W/rice soup, sweet corn, diced peaches PM: Graham crackers	AM:Biscuits LUNCH: Slopy joe sandwich, mixed vegetables, pears PM: Pineapple tidbits	AM: Cheerios LUNCH: Dinosaur chicken nuggets, broccoli, pineapple tidbits PM: Ritz crackers	AM:Pancakes w/o jelly LUNCH: Turkey bologna and cheese sandwich, vegetable medley (broccoli, cauliflower, carrots), applesauce PM: Strawberry parfait w/firesh strawberries	19
20	21  AM: Vanilla Parfait  w/oats LUNCH: chicken alfredo, cauliflower, applesauce PM: Goldfish	AM: French toast LUNCH: Creamy macaroni and cheese, green peas, peaches PM: Mixed fruit	23  AM:Waffles LUNCH: Italian meatballs, green beans, PM: Vanilla wafers	24  AM: Bagels LUNCH: Fish cake, carrots, pineapple tidbits PM: Cut-up peaches	AM: Cinnamon raisin toast LUNCH: Turkey and cheese wrap, sweet com, applesauce PM: Graham crackers	26
27	AM:Biscuits LUNCH: Chicken pattie sandwich w/ketchup, mixed vegetables, applesauce PM: Pineapple tidbits	AM: Cheerios LUNCH: Creamy macaroni and cheese, broccoli, peaches PM: Ritz crackers	AM: Pancakes w/o jelly LUNCH: Dinosaur chicken nuggets, vegetable medley (broccoli, cauliflower carrots), pineapple tidbits PM:Strawberry parfait w/fresh strawberries	31  AM: Vanilla parfait w/oats LUNCH: Spaghetti w/turkey meat balls, cauliflower, pineapple tidbits PM:Goldfish	17 18 19 2	