

July 2023
Snack/Lunch Menu
All meals are served with milk and/or water, juice We are a peanut free school



		<i>We are a peanut free school</i>			and the second	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4 5 11 12 18 19	Jun 2023 T W T F S 1 2 3 6 7 8 9 10 13 14 15 16 17 20 21 22 23 24 27 28 29 30		18 19		1
2	3 AM:Vanilla parfait w/oats LUNCH: Chicken pattie sandwich wketchup, Green peas, pineapple tidbts PM: Strawberry parfait w/fresh strawberries	4 School closed	5 AM: Waffles LUNCH: Dinosaur chicken nuggets, carrots, pineapple tidbits PM: tropical fruit coctail	AM: Bagels LUNCH: Spaghetti w/turkey meat balls, sweet corn, pears PM:Vanilla wafers	7 AM: Cinnamon raisin toast LUNCH: mexican salad(chicken, com, beans, fresh tomatoes) mixed fruit PM: Cut up peaches	8
9	10 AM: Biscuits LUNCH: Chicken salad sandwich, mixed vegetables, applesauce PM: Graham crackers	AM: Cheerios LUNCH: Gravy meatballs w/rice, broccoli, pineapple tidbits PM: Ritz crackers	12 AM: Pancakes LUNCH: Tacos, vegetable medley, diced peaches PM: Pineapple tidbits	13 AM: Vanilla parfait w/oats LUNCH:Chicken nuggets, cauliflower, tropical fruit coctail PM: Goldfish	14 AM:French toast LUNCH: Turkey mac, Green peas, diced pears PM: Strawberry parfait w/fresh strawberries	15
16	17 AM: Waffles LUNCH: Fish sticks, vegetable medley Green beans, mixed fruit PM: Vanilla wafers	18 AM: Pancakes w/o jelly LUNCH: Beefaroni in red meat sauce, carrots, diced pears PM: Cut up peaches	19 AM: Bagels LUNCH: Vegetable egg rolls, corn, applesauce PM: Graham crackers	20 AM: Cinnamon raisin bread LUNCH:Chicken nuggets, mixed vegetables, pineapple tidbits PM: Ritz crackers	21 AM: Biscuits LUNCH: Turkey and cheese wrap, broccoli, diced peaches PM: Pineapple titbits	22
23	24 AM: Cheerios LUNCH: Beef stroganoff, vegetable medley(broccoli, cauliflower,carrots), pears PM: Club crackers	25 AM: Pancakes LUNCH: Chicken w/rice soup, cauliflower, tropical fruit coctail PM: Strawberry parfait w/ fresh strawberries	26 AM: Vanilla parfait w/oats LUNCH: Slopy joe sandwich,green peas, mixed fruit PM: Goldfish	27 AM: French toast. LUNCH: Beef ravioli in tomato sauce, green beans, applesauce. PM: Mixed fruit	28 AM:Waffles LUNCH: Turkey bologna and cheese sandwich, carrots, pineapple tidbits PM: Vanilla wafers	29
30	31 AM: Bagels LUNCH: chicken alfredo, Sweet corn, tropical fruit coctail PM: Cut up peaches		1	1	1	