



# January 2023

## Snack/Lunch Menu

All meals are served with milk and/or water, juice  
We are a peanut free school



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
1	2 <b>SCHOOL CLOSED</b>	3 AM: French toast LUNCH: Creamy macaroni and cheese, green peas, peaches PM: Mixed fruit	4 AM: Waffles LUNCH: Italian meatballs, green beans, PM: Vanilla wafers	5 AM: Bagels LUNCH: Fish cake, carrots, pineapple tidbits PM: Cut-up peaches	6 AM: Cinnamon raisin toast LUNCH: Turkey and cheese wrap, sweet corn, applesauce PM: Graham crackers	7																																																																																				
8	9 AM: Biscuits LUNCH: Chicken pattie sandwich w/ketchup, mixed vegetables, applesauce PM: Pineapple tidbits	10 AM: Cheerios LUNCH: Creamy macaroni and cheese, broccoli, peaches PM: Ritz crackers	11 AM: Pancakes w/o jelly LUNCH: Dinosaur chicken nuggets, vegetable medley (broccoli, cauliflower carrots), pineapple tidbits PM: Strawberry parfait w/fresh strawberries	12 AM: Vanilla parfait w/oats LUNCH: Spaghetti w/turkey meat balls, cauliflower, pineapple tidbits PM: Goldfish	13 AM: French toast LUNCH: Lasagna, sweet corn, applesauce PM: Mixed fruit	14																																																																																				
15	16 <b>SCHOOL CLOSED</b>	17 AM: Waffles w/o butter or syrup LUNCH: Gravy meatballs w/rice, carrots, pineapple tidbits PM: Cut-up peaches	18 AM: Bagels w/ choice of butter or jelly LUNCH: Tacos, sweet corn, diced pears PM: Graham Crackers	19 AM: Cinnamon raisin bread LUNCH: Chicken nuggets, mixed vegetables, pineapple tidbits PM: Ritz crackers	20 AM: Waffles LUNCH: mexican salad(chicken, corn, beans, fresh tomatoes) applesauce PM: Vanilla wafers	21																																																																																				
22	23 AM: Cheerios LUNCH: Fish sticks, vegetable medley (broccoli, cauliflower, cattots), applesauce PM: Club Crackers & cheese	24 AM: Pancakes w/o jelly LUNCH: Beefaroni in red meat sauce, cauliflower, applesauce PM: Strawberry parfait with fresh strawberries	25 AM: Vanilla parfait w/oats LUNCH: Vegetable egg rolls, green peas, applesauce PM: Goldfish	26 AM: French toast LUNCH: Dinosaur chicken nuggets, green beans, pineapple tidbits. PM: Mixed fruit	27 AM: Cinnamon raisin toast LUNCH: Turkey and cheese wrap, sweet corn, applesauce PM: Graham crackers	28																																																																																				
29	30 AM: Bagels w/o jelly LUNCH: Beef stroganoff, carrots, applesauce PM: Cut-up peaches	31 AM: Cinnamon raisin toast LUNCH: Chicken w/rice soup, sweet corn, diced peaches PM: Graham crackers	<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Dec 2022</p> <table border="1" style="width: 100%; text-align: center;"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td></td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table> </div> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Feb 2023</p> <table border="1" style="width: 100%; text-align: center;"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td></td><td></td><td></td><td></td></tr> </table> </div> </div>				S	M	T	W	T	F	S				1	2	3		4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
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