



August 2022

Snack/Lunch Menu

All meals are served with milk and/or water, juice
We are a peanut free school



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																																
	<p>1</p> <p>AM: Bagels w/o jelly LUNCH: Beef stroganoff, carrots, applesauce PM: Cut-up peaches</p>	<p>2</p> <p>AM: Cinnamon raisin toast LUNCH: Chicken w/rice soup, sweet corn, diced peaches PM: Graham crackers</p>	<p>3</p> <p>AM: Biscuits LUNCH: Slopy joe sandwich, mixed vegetables, pears PM: Pineapple tidbits</p>	<p>4</p> <p>AM: Cheerios LUNCH: Dinosaur chicken nuggets, broccoli, pineapple tidbits PM: Ritz crackers</p>	<p>5</p> <p>AM: Pancakes w/o jelly LUNCH: Turkey bologna and cheese sandwich, vegetable medley (broccoli, cauliflower, carrots), applesauce PM: Strawberry parfait w/fresh strawberries</p>																																																																																																																	
	<p>7</p> <p>AM: Vanilla Parfait w/oats LUNCH: chicken alfredo, cauliflower, applesauce PM: Goldfish</p>	<p>8</p> <p>AM: French toast LUNCH: Creamy macaroni and cheese, green peas, peaches PM: Mixed fruit</p>	<p>9</p> <p>AM: Waffles LUNCH: Italian meatballs, green beans, PM: Vanilla wafers</p>	<p>10</p> <p>AM: Bagels LUNCH: Fish cake, carrots, pineapple tidbits PM: Cut-up peaches</p>	<p>11</p> <p>AM: Cinnamon raisin toast LUNCH: Turkey and cheese wrap, sweet corn, applesauce PM: Graham crackers</p>																																																																																																																	
	<p>14</p> <p>AM: Biscuits LUNCH: Chicken pattie sandwich w/ketchup, mixed vegetables, applesauce PM: Pineapple tidbits</p>	<p>15</p> <p>AM: Cheerios LUNCH: Creamy macaroni and cheese, broccoli, peaches PM: Ritz crackers</p>	<p>16</p> <p>AM: Pancakes w/o jelly LUNCH: Dinosaur chicken nuggets, vegetable medley (broccoli, cauliflower, carrots), pineapple tidbits PM: Strawberry parfait w/fresh strawberries</p>	<p>17</p> <p>AM: Vanilla parfait w/oats LUNCH: Spaghetti w/turkey meat balls, cauliflower, pineapple tidbits PM: Goldfish</p>	<p>18</p> <p>AM: French toast LUNCH: Lasagna, sweet corn, applesauce PM: Mixed fruit</p>																																																																																																																	
	<p>21</p> <p>AM: Biscuits LUNCH: Chicken pattie sandwich w/ketchup, mixed vegetables, applesauce PM: Pineapple tidbits</p>	<p>22</p> <p>AM: French toast sticks LUNCH: Chicken salad sandwich, green beans, diced pears PM: Vanilla wafers</p>	<p>23</p> <p>AM: Waffles w/o butter or syrup LUNCH: Gravy meatballs w/rice, carrots, pineapple tidbits PM: Cut-up peaches</p>	<p>24</p> <p>AM: Cinnamon raisin bread LUNCH: Chicken nuggets, mixed vegetables, pineapple tidbits PM: Ritz crackers</p>	<p>25</p> <p>AM: French toast LUNCH: Mexican salad (chicken, corn, beans, fresh tomatoes) applesauce PM: Vanilla wafers</p>																																																																																																																	
	<p>28</p> <p>AM: Cheerios LUNCH: Fish sticks, vegetable medley (broccoli, cauliflower, carrots), applesauce PM: Club Crackers & cheese</p>	<p>29</p> <p>AM: Pancakes w/o jelly LUNCH: Beefaroni in red meat sauce, cauliflower, applesauce PM: Strawberry parfait with fresh strawberries</p>	<p>30</p> <p>AM: Vanilla parfait w/oats LUNCH: Vegetable egg rolls, green peas, applesauce PM: Goldfish</p>	<p>31</p> <p>AM: Vanilla parfait w/oats LUNCH: Vegetable egg rolls, green peas, applesauce PM: Goldfish</p>	<table border="1"> <thead> <tr> <th colspan="7">Jul 2022</th> <th colspan="7">Sep 2022</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td> <td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> </tr> <tr> <td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> </tr> <tr> <td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> </tr> <tr> <td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> </tr> <tr> <td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td> </tr> <tr> <td>31</td><td></td><td></td><td></td><td></td><td></td><td></td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>		Jul 2022							Sep 2022							S	M	T	W	T	F	S	S	M	T	W	T	F	S						1	2						1	2	3	3	4	5	6	7	8	9	4	5	6	7	8	9	10	10	11	12	13	14	15	16	11	12	13	14	15	16	17	17	18	19	20	21	22	23	18	19	20	21	22	23	24	24	25	26	27	28	29	30	25	26	27	28	29	30	31													
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